

Newsletter Term 2, Week 6

Principal: Mrs Anne-Maree Young

Penney Street, Goolgowi, NSW, 2652 **T** 02 6965 1207 **F** 02 6965 1309 **E** goolgowi-p.school@det.nsw.edu.au

Calendar

*Please note dates from week to week as there are occasionally some changes.

Term 2, 2023

Week 6

Thursday 1 June	Golf Workshop
-----------------	---------------

Week 8

Monday 12 June	Public Holiday
Thursday 15 June	Riverina Cross Country - Gundagai
Friday 16 June	Athletics Carnival

Week 9

Tuesday 20 June	Mobile Library
Friday 23 June	Red Nose Day

Week 10

Wednesday 28 June	Reports go home
Thursday 29 June	Small Schools Athletics Carnival
Friday 30 June	Last Day Term 2

Term 3, 2023

Week 1

Monday 17 July	SDD
Tuesday 18 July	Students return Mobile Library

Notes coming home this week:

- Nil

Student of the Month



Yalarah Smith

For showing initiative within her leadership role.

Principal's Message

Resilience - Respect – Responsibility

Riverina Hockey Teams

This week Reagan and Harry Liddicoat are part of Riverina hockey teams who will be playing in the NSWPSA championships at Tamworth. The school community wishes them the best and we look forward to hearing about their experience when they return.

National Reconciliation Week

This week is National Reconciliation Week. National Reconciliation Week is a time for all Australians to learn about our shared histories, cultures, and achievements, and to explore how each of us can contribute to achieving reconciliation in Australia. The Week runs from 27 May to 3 June every year. These dates commemorate two significant milestones in the reconciliation journey – the successful 1967 referendum and the High Court Mabo decision.

Reconciliation Australia's theme for 2023, "Be a voice for generations." For the work of generations past, and the benefit of generations future, let's act now to create a more just, equitable and reconciled country for all.

Reconciliation is a journey for all Australians – as individuals, families, communities, organisations and importantly as a nation. At the heart of this journey are relationships between the broader Australian community and Aboriginal and Torres Strait Islander peoples.

No Hat, No Play!

It is important that students wear their school hats in the playground at all times, even in the cooler months. If they choose to wear a beanie, students must wear their broad brim hat as well. The staff are encouraging all students to leave their hats

at school on their hook so they always have them. Too many students are coming to school without a hat and expecting to use the spare hats which seem to have disappeared. If your child brings home clothing that isn't theirs, could you please send it back to school. With the changeable weather, students are unable to find their jumpers and/or jackets, especially if they don't have their names on them. **Please put your child's name on all clothing** as we are finding brand clothing with no names on them.

COVID-19 Guidelines

The school has more cases of COVID-19. I asked parents to be vigilant about testing students if they show any symptoms. The current guidelines can be found at: <https://education.nsw.gov.au/covid-19/advice-for-families> Students and staff should continue to stay home when sick. Students, staff and visitors should only attend school when they are symptom free. We strongly encourage all students, staff and visitors to follow the guidance issued by NSW Health: <https://www.nsw.gov.au/covid-19/testing-managing>.

Anyone who believes they have been exposed to COVID-19 is strongly recommended to monitor for symptoms and test if they have any concerns, as well as wear a mask. We will continue to support our families to use rapid antigen tests (RATs) if symptomatic or if you believe you have been exposed to COVID-19. RAT testing may help identify the infection early and is important if you are in contact with people at greater risk of serious illness if exposed to COVID-19.

Anne-Maree Young
Principal

Book Club

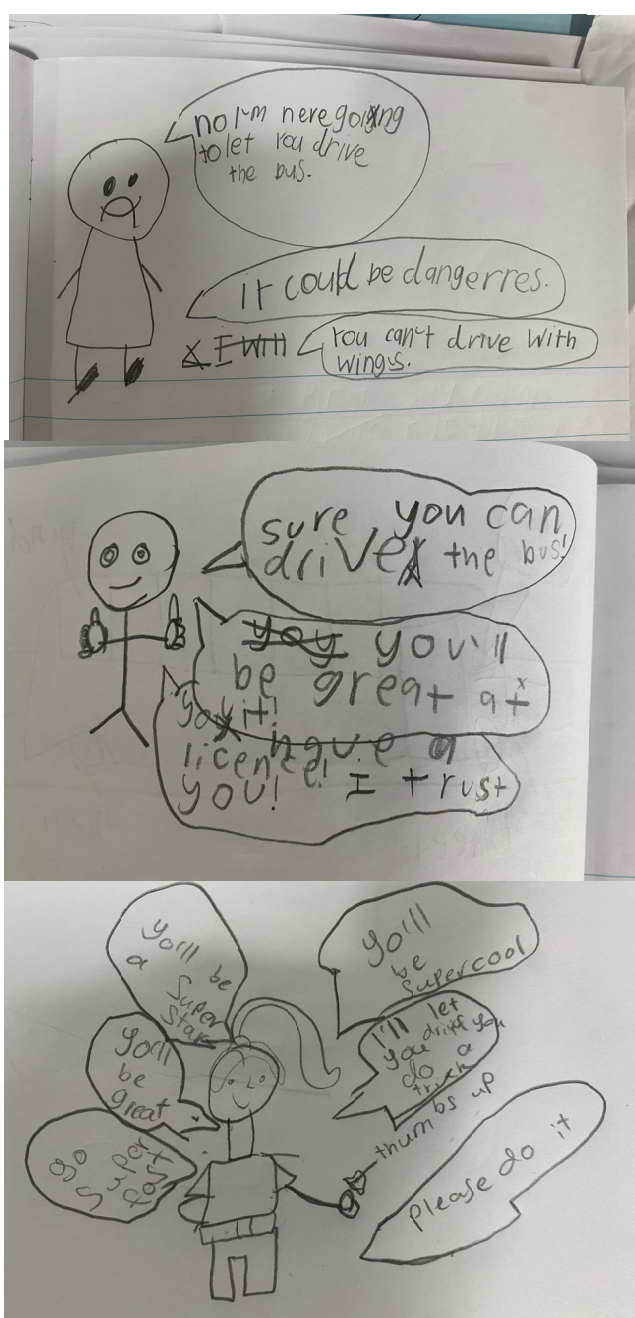
Book Club orders are due on Wednesday 14 June.

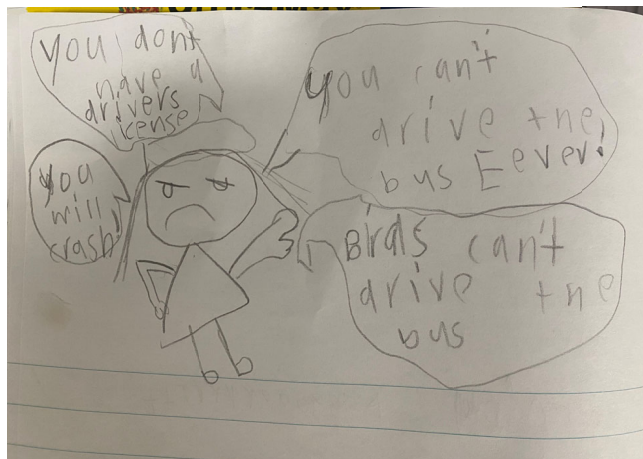
what's happening in the classrooms?

1/2 News

Would you let the pigeon drive the bus? To be honest I think it would be a terrible idea, but half the 1/2 class disagree.

After reading *Don't Let The Pigeon Drive The Bus* by Mo Willems, Years 1 and 2 created some arguments for and against our little feathered friend's plan. They experimented with exclamation marks and speech bubbles to support their drawings. Here are some examples.





Miss Sim

3-6 News

After hearing the great news of Lochie winning joint first place in last year's CWA writing competition everyone is excited to start writing this year's one. The title is "It Wasn't Me!" A few students have shared their ideas and I am impressed hearing what they have come up with so far. They will need to re-read and edit their work before publishing, but after that hopefully everyone will have an entertaining story to read to their families.

3-6 are also working on their digital poster or postcard to submit to the CWA alongside their stories.



Miss Wheeler

Library News

Wednesdays are library days. Please return all library books on Wednesday. We don't want outstanding books so have a search at home; library books hide in strange places!

Premier's Reading Challenge

The Premier's Reading Challenge has already opened so students need to start reading. The Challenge aims to encourage a love of reading for leisure and pleasure in students, and to enable them to experience quality literature. It is not a competition but a challenge to each student to read, to read more and to read more widely. Books students have read this year can be included in their list. They need to login using their department username and password at <https://online.det.nsw.edu.au/prc/logon.html>. The challenge closes on Friday 18 August.

Mrs Young

Weekly Awards

Congratulations to our weekly award winners.

Mrs Liddicoat

- **Sean** – for great work in all learning areas.

Miss Sim

- **Annalee** – for being polite to adults.

Miss Wheeler

- **Hugo** – for consistent improvement during maths lessons.
- **Hartley** – for consistent improvement during maths lessons.



PBL Awards

Weekly Prize – Clayton

PBL (Positive Behaviour for Learning)

Values: Respect, Responsibility, Resilience

PBL focus for this week: Respect

Focus: Care for self and others.

Action: Listen to adult instructions, speak politely and use your beautiful manners.

Live Life Well at School

Fibre – helps you feel full for longer.

Nutrition Information		
Servings per package – 16		
Serving size – 30g (2/3 cup)		
	Per serve	Per 100g
Fibre	6.4g	21.2g

Choose breads and cereals with 3g or more Fibre 'per serve.'

Fibre also improves digestion!

https://www.eatforhealth.gov.au/sites/default/files/eatingwell/efh_food_label_example_130621.pdf



**HEALTHYEATING
ACTIVE LIVING**



Community News

Goolgowi Golf Club

The Goolgowi Golf Club would like to offer FREE golf lessons.

9:30am Saturdays

All other days by appointment 6965 1501 for anyone interested in golf.

Goolgowi Exies News

Exies Opening Hours

Monday to Wednesday Closed

Thursday & Friday 4:30pm

Saturday 4:00pm

Sunday 3:30pm

Goolgowi Club Bistro

Come and try our delicious chicken parmies and potato bake, homemade pizzas and the best T-bone steaks.

Bargain Buy

Our special take away offer is two delicious home-made pizzas and a large coke only \$50.00.

Thursday Night Draw

This Thursday the draw is:

\$9,600

The draw takes place anytime between 7:00pm and 9:00pm. You must be a **current** member and on the premises at the time of the draw.

Raffles

State of Origin

Wednesday 31 May 2023.

Club opens at 5:30pm.

Hot gravy rolls

The Club is the place to be!

Wear your footy jumpers.

For your diary

- June - members BBQ
- August - Camp Oven Cook Out
- October - 6 A side
- November - Christmas Market

Are you energetic, fun and friendly??

We are now looking for Casual Bar Staff

Must have RSA & RCG

Experience preferred but not required.

Drop your CV into the club or email to:

goolgowiexies@bigpond.com

Don't forget to put your footy tips in:

Its is very exciting this year currently both Tasha and Kevin are on 117 points with Scotty hot on their heels with 113 points. There is still time for teams to catch up.

Goolgowi Theircare Newsletter - Term 2 Week 5

We have had a busy week of cooking and baking.

From homemade pizzas, fresh scones with whipped cream and jam to making our own pancakes from scratch.

The teachers got the privilege to be taste testers. (Nothing like a Hawaiian pizza with sprinkles!)

The staff thoroughly enjoyed their scones for morning tea.

This week is Reconciliation Week which is learning all about the Aboriginal history.

We will be concentrating on the Aboriginal arts and crafts and culture. Hopefully the sun will start to come out so we can head back outdoors! Have a great weekend and be safe!

	Monday-Friday Hours of operation	Fees before Child Care Subsidy *	Out of pocket fees after Child Care Subsidy **
Before School Care	7:00am - 8:40am	\$18.00	\$2.88
After School Care	3:00pm - 6:00pm	\$24.00	\$3.84
Pupil Free Day	N/A	N/A	N/A
Holiday Program ***	N/A	N/A	N/A

Cancellation Fee
Within 24 Hours - \$4.00
Same day Full Fee

Registration
1 Visit TheirCare website theircare.com.au
2 Click on 'Book Now'
3 Register your child's details

Save up to 85% with the Child Care Subsidy!

Service Phone number: 0437 427 227
Your service Coordinator will be available during session times.

* Standard fee costs before Child Care Subsidy
** Standard fee costs after maximum Child Care Subsidy
*** Standard fee costs excluding incursions/excursions



Newsletter Sponsors



Kristy Warr | SWP Coordinator - Riverina
Jobs Australia Enterprises Ltd.
Labour Hire and Seasonal Worker Recruitment
Griffith, NSW, 2680
M: 0448 921 754
kristy.warr@jobsaustralia.com.au
www.jobsaustralia.com.au



Proudly Supporting Police in Local District

IAN ROSS CONTRACTING

Contractors License Number 66413C

Bricklaying, Maintenance, Insurance Work, Steel Frame Sheds
Servicing 200kms from Goolgowi (NSW)

Bus Charter Hire - 2 x 24 seater buses. Accreditation no. 43198

Ian 0428 401 247 • Jacqui 0427 685 846 • 02 6965 1347

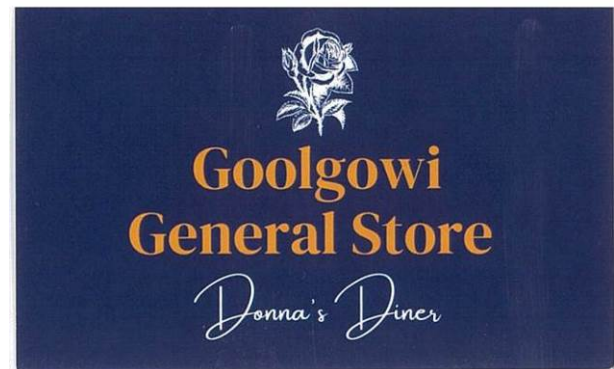
Email: jacquelineros@bigpond.com



GERARD HIGGINS
CHIEF PILOT-PROPRIETOR

(02) 6964 1919 24 Hours UHF 19

P.O. Box 761, Griffith, NSW, 2680 - Fax: (02) 6964 1929



- ✿ Delicious hot food
- ✿ Take away or dine in
- ✿ Lavazza coffee & cakes
- ✿ Sliced meats & produce
- ✿ Fresh bread & grocery
- ✿ Newspapers & giftware

Ph: 0478 540 111

Email: goolgowigeneralstore@outlook.com

FB: Goolgowi General Store - Donna's Diner

Your hosts: Emily, Amber and Geoff Hale

Robertson Bus Service

C & J ROBERTSON PTY LTD

'SERVING THE COMMUNITY WITH COMMITMENT'

Ph: 0437 704 213 / 0488 551 375

Depot: 6964 4922



Multara Earthmoving
FOR ALL YOUR EXCAVATION NEEDS

Contact Mick Armstrong

0427 483 870

Thank you to all our community businesses who support our school newsletter. We really appreciate your support.

If you have any community announcements or wish to advertise through our school/community newsletter please contact Jane by phone or email by Monday afternoon.

Our newsletter is published on Tuesday.



Australian Childhood Anxiety TREATMENT STUDY

Free home-based assessment and treatment for 7 to 12 year old children with fear and anxiety disorders.

Does your child become very afraid of certain situations or objects, worry about a lot of things, get very distressed, or try to avoid things they fear?

About the study

Our team at Griffith University may be able to assist you. We are conducting a nationwide study that includes the following services at no cost to families:

- A thorough assessment of your child's anxiety with a trained psychologist via the telephone;
- Your child receiving one of two kinds of home-based treatments delivered on a PC, laptop or tablet; and
- Two follow-up telephone assessments with a trained psychologist 6- and 12-months after treatment to track your child's progress.

The study aims to find out if these two treatments are as effective as each other, and which children have the best response to each kind of treatment. This will mean that there are more evidence-based treatments available for helping anxious children.

About the treatments

Each treatment involves your child completing treatment sessions at home on a PC, laptop or tablet.

Each treatment involves your child learning practical strategies to better manage anxiety.

- One treatment helps children learn to control the focus of their attention on helpful things around them.
- The other treatment helps children learn to think differently and approach things they fear.

Each treatment includes information, telephone or email support for parents in assisting their child to better manage anxiety.

Prior studies have shown that children who complete each treatment experience significant reductions in anxiety.

Contact us

This study is being funded by the National Health and Medical Research Council and is led by Professor Allison Waters and a team of experts in childhood anxiety disorders.

For more information about our study and our team, or if you would like your child to participate, please contact us:



(07) 3735 3351



cadrp@griffith.edu.au



griffith.edu.au/childhood-anxiety-treatment-study



Australian Government
National Health and
Medical Research Council

Griffith
UNIVERSITY
Queensland, Australia

GU Ref No: 2019/146